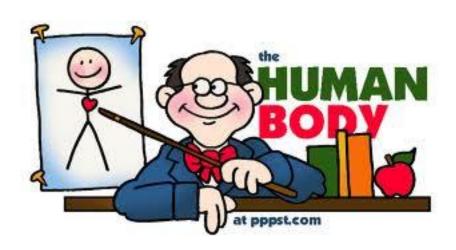
Introductory Kinesiology PSK4U





The Program:

The students enrolled in the Introductory Kinesiology Class at Blessed Trinity Catholic Secondary School prepare students for university programs in Physical Education, Kinesiology, Recreation and Sports Administration.

Units of Study:



Anatomy
Physiology
Human Performance
Nutrition
Motor Learning
Skills Development
Evolution of Physical Activity
Evolution of Sport
Social Issues in Sport

